

**Table 2.** Serum (ng/dL) and saliva (pg/mL) testosterone concentrations at 3 time points during 4 different sessions

		<b>Testosterone Concentrations (Mean±SD)</b>			
		<b>Sample</b>	<b>Pre-Session</b>	<b>Post-Session</b>	<b>30 Min Post</b>
<b>Control</b>	Serum		615.3±91.5	601.0±97.0	584.2±105.3
	Saliva		120.2±22.8	118.2±20.3	119.9±24.3
<b>Low Intensity</b>	Serum		632.4±83.4	684.7±97.0*	627.9±110.6†
	Saliva		117.9±24.0	122.1±23.8	134.4±23.7
<b>Moderate Intensity</b>	Serum		599.4±118.0	705.2±140.1*	649.4±129.0*†
	Saliva		111.6±23.8	148.7±30.5*	118.5±29.6†
<b>High Intensity</b>	Serum		639.0±84.2	789.4±111.8*	742.6±93.8*†
	Saliva		117.2±26.8	153.1±20.8*	150.8±24.3*

\*: significantly different from respective Pre-Session, †: significantly different from respective Post-Session; ANOVA statistical analysis.